

# MARSHFIELD RECREATION DEPARTMENT

at

Coast Guard Hill

900 Ferry Street, Marshfield, MA 02050

781-834-5543

[www.townofmarshfield.org/government-departments-recreation.htm](http://www.townofmarshfield.org/government-departments-recreation.htm)

[www.facebook.com/MarshfieldRecreationDepartment](http://www.facebook.com/MarshfieldRecreationDepartment)

## WINTER / SPRING

## 2015

## COMMUNITY BROCHURE

Check back  
often for  
NEW program  
offerings!



### OFFICE HOURS:

Monday, Wednesday, Thursday and Friday 8:30 a.m. - 2:30 p.m., or by appointment.

### On-Line Registration available!

Online - By Mail - In Person  
Registration form enclosed

Recreation Staff:

Ned Bangs, M.Ed., CPRP, Director

Recreation @townofmarshfield.org

Sharon Robbins, Administrative Assistant

Recreation@townofmarshfield.org

### New programs to enjoy!

Have an idea for a program, a talent or skill to share? Call the office! We continue to build new partnerships through programs, special events and fundraisers. Ask us how!

Recreation Commission:

Jan Dobsovits, Vice Chair

Chris Ciocca

Dan Donovan

Jeanine Hall

Katie Holt

Brian Spano



New members welcome,  
Come join our team!!

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Many times families call & ask if there is anything that they can donate to our department. We can always use help with craft supplies, chalk, markers, pencils, colored pencils, three hole punch, electric pencil sharpener, glue, buttons, google eyes, colored paper, drawing paper, Lego's and cooking aprons. We are looking for two ping pong tables for our ping pong classes.

The spring is a good time to check your cellar, attic, and or garage for those items which are no longer used, and are looking for a new home. Give us a call if we can help you out!

## *From the Director:*

As a community recreation department, we rely on the community for assistance, whether it is a business that agrees to sponsor an event, a musical group performing for a reduced rate, or an individual agreeing to volunteer his/her time to lead/teach/instruct a specific program. As a 1.5 person department, volunteers play a huge role. Whether it is assisting to chaperone the weekly ski program, cleaning up our outdoor facilities such as the Uncle Bud Skate Park, Coast Guard Hill, or helping to keep our building clean, we appreciate your time and dedication. Many volunteers assist by serving on various committees, and boards, such as the Marshfield Recreation Commission or help with one of our many special events.

We thank the many staff who lead/teach/instruct our many programs throughout town, during the day, at night, on weekends and vacation weeks. We count on your dedication and positive attitude. We also thank the many children, youth, teens and adults who choose to participate in our many programs. Whether it is Disney On Ice, the Boston Pops at Symphony Hall, summer playground, tennis, pre-school enrichment programs or After School Sports, our participants keep us busy and on track. We appreciate your feedback. If we are doing something well it is nice to know that — if we are not, it is very important that we know so we may make changes to improve our offerings. We appreciate and count on your program suggestions. We are your community department and we will respond to new community program / activity suggestions where possible. Many of our programs and outings are the direct result of community input. Suggest an activity or better yet offer to teach a new program or class! Our programs continue to grow in both the number of classes that are offered as well as the diversity of the classes which we provide. This winter/spring we will offer several NEW programs as we respond to increased interest from our residents. By working together, we can continue to affect positive changes for our community.

Our office is staffed Monday, Wednesday, Thursday, and Friday, 8:30 a.m. - 2:30 p.m. Often times you will find staff working in the office after hours and on weekends. If you stop by and staff are not available you may drop off your registration form or payment in the mail slot adjacent to the front door. If you arrive after office hours and the door is open, come on in. Seasonal brochures are available on our web site and they are updated as program date (s)/ costs are finalized. You can scan for the programs of choice, print out the registration form and mail it in or drop it off at the office. When the form is processed a program receipt is emailed to you. For your convenience, our department currently offers On-Line program registration. Create your family account and include all family members. Credit/ Debit Cards (Master Card, Visa and Discover Card) as well as electronic checks are accepted. Please note: the bank charges a 3% convenience fee for credit and debit card transactions and a .25 fee for electronic checks.

Online registration is working well, we are working to improve our Facility Scheduling program. The improved program will allow us to track all ball field reservations and community events. It will allow us to create a Community Calendar for all to see and use. Recreation Staff will post as many community events as possible on this new Community Calendar, we hope you find it helpful.

Marshfield has a leash law and for the safety of all we remind individuals to follow the law when visiting Coast Guard Hill. "No dog shall be allowed in any public place or any lands, beaches or way within the town unless it is effectively restrained by a chain or leash and under the direct control of its owner or handler," adopted by Article 37, 1990 ATM. Please be a good neighbor and clean up after your dog.

In anticipation of the sledding season, volunteers have installed and staked bales of hay in front of the trees and community garden. Please allow the bales of hay to do their job and do not move them. The hay will help protect sledders this winter. Enjoy the winter and please help to keep the Coast Guard Hill beautiful by picking up when you leave.

The grounds at the Recreation Center are open to the public from dawn to dusk, unless there is a scheduled recreation program. Surveillance cameras patrol the property 24/7

Have a great winter, enjoy our many new programs and remember, "Don't Hesitate, Recreate!"

Sincerely,

Ned Bangs, C.P.R.P.  
Recreation Director

## **MARSHFIELD RECREATION DEPARTMENT**

### **WHO WE ARE AND WHAT WE DO**

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The Marshfield Recreation Department was established by Town Meeting in 1958 with the purpose of conducting and promoting recreation, play, sport and physical education. The Recreation Department plans, organizes, promotes, and provides worthwhile leisure programs and facilities to serve the physical, emotional, and social needs of the residents of our community, regardless of one's ability.

The Recreation Commission is comprised of Marshfield residents, seven full members and two alternates, who are appointed by the Marshfield Board of Selectmen. The Commission is a policy and active board responsible to the town for providing year-round, high-quality indoor and outdoor recreation activities for town residents. The Commission meets regularly to review policy, programs and procedures. Community attendance and input regarding programs and facilities is welcome! The Recreation Commission welcomes volunteers who are interested in promoting the planning of programs for all Marshfield residents. Call us at (781) 834-5543 to see how you can help!

### **DEPARTMENT OBJECTIVES**

Coordinate recreational activity with the school department, youth groups, youth sports programs, and senior citizens groups.

Involve as sponsors of recreation special interest groups, business organizations, neighborhood groups, professional groups and news media who are interested in helping improve Marshfield.

Better utilize and upgrade parks, ball fields, and conservation land.

Better utilize, protect, preserve, and beautify Marshfield's beaches.

Establish new programs as self-supporting and explore ways of generating additional revenue through grants, donations and fundraising.

### **RECREATION STAFF**

Recreation activities are coordinated through our office staff, which is comprised of one full-time director and one part-time administrative assistant.

The Recreation Department strives to hire the best-qualified individuals possible to staff and instruct our many programs. The Town of Marshfield performs background record checks on paid staff and program volunteers. Our department presently uses job applications, personal interviews and reference checks as part of our screening process. The C.O.R.I. will further assist us in screening prospective employees.

In all instances we will do everything possible to provide a positive learning experience and offer a safe, secure environment for your child. The Recreation Department strives to offer community programs which are within budget limitations. All Recreation Department programs are self-supporting. The fees charged for programs cover the cost of operation of the program, such as instructor salaries and materials.

Program instructors and part-time employees are hired on a seasonal basis. If you are interested in offering a program, please contact our office.

## **Registration Procedure:**

You may use the enclosed form for all family members. All fees are payable at the time of registration. Go Green, save time and register on-line. Late registrations pay full fee, no pro-rating.

A person is considered registered when payment: including credit or debit card, (Discover, Master Card or Visa) check (payable to Town of Marshfield) or cash, accompanied by a completed registration form is received by the Recreation Department.

## **Non-Resident Registration:**

Recreation programs will be open to non-residents on a space available basis. Registrations will be accepted starting Monday, January 12th, at 8:30 a.m.

## **Program Information**

Outdoor programs will not be held during periods of inclement weather. Program updates will be e-mailed to you directly. A notice will also be placed on our voice mail. **If school is cancelled or let our early, our programs will be cancelled.**

If you have a question call the Recreation Department. All attempts will be made to reschedule classes that have been cancelled. When schools are cancelled we cancel all recreation programs as well. We are not responsible for making up classes missed due to participants' inability to attend.

## **Photo Policy**

Unless otherwise notified, the Recreation Department reserves the right to photograph program participants for publicity purposes for flyers, brochures and our web page.

## **Wait List**

Waiting Lists will be available **On-Line**. No Payment / No charge to add yourself to the Wait List. **By Mail** - when a program is full you will be notified via e-mail and placed on a wait list. Your payment will be credited to your account. Call if you wish a refund. Refunds take 3 – 4 weeks to process. If openings become available, we go to the wait list to fill the class.

## **Refund Guidelines**

Our programs are supported by participant fees. If you cancel from a program you must do so at least 5 business days before a program begins for a refund, **minus the \$10.00 administrative fee.**

Refunds will not be granted after the start of the second class except for medical reasons and with a doctor's note. Requests for refunds must be in writing. (e-mail notification is accepted) Refunds may take 3 – 4 weeks for processing. Canceled classes due to low enrollment will be fully refunded.

If you cancel from a program for which the Recreation Department has incurred expenses on your behalf, any refund will be reduced by the amount of the expenses incurred.

There are no refunds on trips unless a replacement can be found.

## **E-Mail**

Please keep your E-Mail address updated as most of our communications for program cancellations, changes, etc are done via e-mail.

## **On-Line Program Registration**

We encourage on-line registration. Shop for all your leisure needs 24/7 from home!

## **Easy Registration Process**

1. If Mail or Walk In, use one form per family (photocopy extra forms if needed)
2. Include one check, payable to Town of Marshfield, to cover all program costs.
3. Fill out registration form completely and accurately so that all your information will be recorded correctly. Read all registration guidelines and course information.
4. Insert completed registration form and check into an envelope and mail to:  
Marshfield Recreation Department  
900 Ferry Street  
Marshfield, MA, 02050
5. Please provide a current e-mail address for confirmations/receipts.
6. Program registration, Mail, and Walk In is on going. Sign up before classes fill.

## **“Helping Hand” Scholarship Fund**

Fee-based programs can create a financial hardship for some families. We believe that public recreation is important and serves to improve the quality of life for individuals and the community alike. If you would like to contribute to the “Helping Hand” fund, please refer to the program registration form in this brochure.

## **Financial Assistance**

Marshfield residents unable to participate in programs due to financial reasons may qualify for financial assistance, consideration upon written request. Scholarships and payment plans are available on a case-by-case basis. Contact the Recreation Department immediately to request financial assistance. Register in person or by mail. The on-line option is not available at this time.

## **Code of Conduct**

Proper behavior by all program participants is expected at all times. Participants shall show respect to peers and staff, refrain from foul language, and be respectful of equipment, supplies, and facilities. The Recreation Department reserves the right to terminate any individual who cannot exhibit proper behavior.

# REGISTRATION INFORMATION

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## On-Line - By Mail - In Person

People often ask “What is the best way to register to guarantee getting into a program” There is no way to “guarantee” you get in a certain program. Remember, the program (s) that you are interested in will be of interest to many others. Choose the method most comfortable to you, and if a spot is not available please place your name on the wait list. In the event there are any changes we will contact you. No payment is collected if you are placed on a wait list. We suggest that you register for the program (s) you want as soon as possible.

**On-line Registration 24/7 is the PREFERRED METHOD and STRONGLY RECOMMENDED.** Register from the comfort of your home, or a friends, or during a break at work. When you register on-line you will receive a receipt of your transaction. We also accept Mail In and Walk In registrations. Registration may be limited due to subject matter, space limitations and leadership ratio. *We currently accept Visa, Master Card and Discover Card (debit or credit), Electronic check is available.* **Please Note:** The bank charges a **Convenience Fee** of 3% for debit and credit card transactions. A **Convenience Fee** of .25 cents is charged for electronic checks.

**SCHOLARSHIP REQUESTS** may **only** register by mail or in person at this time!

### **Okay, so how does On-Line Registration Work? How do I sign up?**

[www.townofmarshfield.org/](http://www.townofmarshfield.org/), then select On-Line Services, then Sign up for Recreation Programs

If you registered with us during the summer or fall and we have your email address in the system, you already have an account. Enter the e-mail you have on your account and click “I forgot or don’t know my password”. A temporary password will be emailed to that address. Once you are logged in, click “Account” at the top of the page to review and edit all your account information.

If you are new, you will need to “Create a New Account” Click “login” from the upper right top corner of the page. On the next page click “I would like to create a new account” Enter all the data for Parent/ Guardian 1, Click “Save and Continue” when completed. Click “Add New Member” and enter the data for Parent /Guardian 2. Click and save and then enter the next person in the family. Continue until you have entered each family member. Once you have all family members entered you will then be able to register for programs. Your account will allow you to view your account information which will show contact information, balance, and credits. You will be able to add new members, edit your contact information, view the activities you are registered for or use credit vouchers on your account to pay.

**AGE OF PARTICIPANTS** - Participants must be the noted age by the first day of the session in which they are enrolled. **Birth certificates or physicals** are required for ALL children age 5 and under. Bring a copy to the Recreation Office to have it recorded. This is a one-time only requirement. Registrations are not complete without birth certificate or physical. *If born in Marshfield, parents/guardians can obtain copies at the Marshfield Town Clerk’s Office.*

### **Sledding**

If there is snow Coast Guard Hill is open from dawn to dusk for sledding. The bales of hay are for your safety, please do not move them. Please use the parking lot adjacent to the office or the dirt lot off Ferry Street. For safety reasons cars and trucks are not allowed to drive on the hill. Help keep Coast Guard Hill beautiful for all to enjoy. Call the police if you see unauthorized vehicles on the hill. Please help by taking your rubbish and broken sleds and tubes with you when you leave. Outdoor surveillance cameras patrol the property 24/7.

Marshfield has a leash law and for the safety of all we remind individuals to follow the law when visiting Coast Guard Hill. “No dog shall be allowed in any public place or any lands, beaches or way within the town unless it is effectively restrained by a chain or leash and under the direct control of its owner or handler,” adopted by Article 37, 1990 ATM. Please be a good neighbor and clean up after your dog. CGH is open from Dawn to Dusk for your enjoyment.

## **SOMETHING FOR EVERYONE!**

The Marshfield Recreation Department offers programs, trips and special events year round. Our <sup>7</sup> Community Brochure is published seasonally and provides information on our Fall, Winter/Spring and Summer programs (September, January, April). Save time and Go Green by registering for programs on-line! A limited number of brochures will be available at the Town Hall, Chamber of Commerce, Ventress Memorial Library, Elementary Schools, Denny's Barber Shop, Molisse Realty Group and Seaside Homes of Marshfield. To locate the brochure on our website, google Marshfield Recreation. Additional program information is published in the Patriot Ledger, Marshfield Mariner, The Marshfield News.com and the Community Cable Channel.

### **Volunteers/Interns**

Volunteers assist in the office and may help with phone calls, program inquiries, marketing, fundraising and the business aspects of the department. Our site at Coast Guard Hill has many outdoor opportunities for volunteers, including gardening, masonry, landscaping, grass trimming, etc. Consider sharing your time, skills and knowledge with your local recreation department. A few hours a week can make a difference! Students seeking community service hours or community groups/organizations or individuals are encouraged to discuss how they may improve community programs/facilities through partnerships.

*One person can make a difference — you can make a difference!!*

### **Don't Let A Good Program Die!!**

Nothing kills a good program better than putting off registration until the last minute. All Recreation Department programs require a minimum number of participants to run successfully. Our programs require a high level of coordination including facility scheduling, staffing, and volunteer recruitment. Undersubscribed programs will be cancelled, but you will receive a full refund. Don't procrastinate — participate!

### **Gift Certificates Available!**

Can't think of what to get that person who has it all? Give the gift of recreation! Our staff will design a fine Recreation Department gift certificate for your birthday, holiday celebration, or other occasion. Call us at (781) 834-5543 and we will design a certificate to meet your needs.

### **E-mail List!**

Join our e-mail list and receive up-to-date information on programs, registrations, jobs and other important news. Opt - In when you sign up for a recreation program. It is easy to subscribe and best of all it is FREE!

### **Find A Mistake!**

Some people love to find errors, so we included a few in this brochure! A Recreation Department sweatshirt and hot chocolate mug will be awarded to the first caller to correctly notify us of an error. Limited to one (1) offer per brochure. The winner's name will be posted on an updated edition of our Winter/Spring Brochure.

### **After Hours?**

Stop by our office on your way to work, on your way home from work, or on a weekend. You can drop off your program payments and /or registration fee or other paperwork in the drop box 24/7, located adjacent to the front door!

### **Returned Checks**

Please note: There is a charge of \$25.00 for any returned check.

## TRIPS / OUTINGS

### DISNEY ON ICE

**WHO:** All (students welcome with an adult)

**WHEN:** Thursday, February 19, 2015

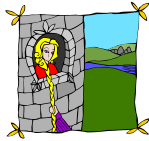
**WHERE:** The Boston Garden Min. 30 - Max. 45

**FEE:** \$45.00 p.p. **On Reg. Form:** List Disney, Frozen

Enter a fantastical winter wonderland beyond all imagination at the Disney On Ice presents Frozen. Join royal sisters Elsa and Anna, the hilarious snowman Olaf, Kristoff, his loyal reindeer Sven and the mystical trolls as they journey to discover that true love is ultimately the most magical power of all. Hosted by Mickey and Minnie Mouse and friends. This celebration of love and friendship will leave your family with memories to last a lifetime.

The bus will leave from the Recreation Child Care Center, 14 Library Plaza at 9:00 a.m. and return by 2:30 p.m. The cost includes transportation and Club seating!

This trip is sure to sell out quickly.



**Sold out!!**



### THE BOSTON POPS

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**WHO:** All (students welcome with an adult)

**WHEN:** Spring 2015, Date T.B.A.

**WHERE:** Symphony Hall, Boston

**FEE:** T.B.A. **On Reg. Form:** Boston Pops

The annual outing is sure to be a sell out and not to be missed. Reserve your tickets now. The bus will leave from the Recreation Child Care Center at 14 Library Plaza

We anticipate that we will finalize the details for this popular program before the end of January.



### BLOCK ISLAND

**WHO:** All (students welcome with an adult)

**WHEN:** Saturday, June 27, 2015

**WHERE:** BLOCK ISLAND

**FEE:** \$109.00 p.p.

**On Reg. Form List:** date and trip

This day trip will include: Round trip transportation via luxury motor coach to Point Judith, Rhode Island. Ferry to Block Island, 1 and 1/4 hour tour of the island with a native guide, and delicious luncheon at the National Hotel. Choice of Grilled Salmon, Teriyaki Chicken or Crab Cakes. (choose one) Time to brose the shops before we depart for home.

Leave from the Recreation Child Care Center at 8:00 a.m. sharp! Returning by approx. 7:00 p.m. Children welcome with an adult.

Please show up 15 minutes prior to departure from Marshfield.



### BOSTON RED SOX

**WHO:** All (students welcome with an adult)

**WHEN:** August 4/5 (Tues. and Wed.)

**WHERE:** Yankee Stadium

**FEE:** \$289.00 p.p. Double, \$279.00p.p. Triple, \$339.00 p.p. Single

**On Reg. Form List:** date and trip

Red Sox vs Yankees - Aug. 4/5, 2015. Depart 8 am from the Recreation Child Care Center, 14 Library Plaza. Return Wed. August 5, approx. 6:00 p.m.

Trip includes: Deluxe Hotel Accommodations, 2 meals (one breakfast, one dinner) game ticket for the Red Sox, Yankees game, Statue of Liberty/ Ellis Island, 911 Memorial

Transportation via Luxury Silver Fox motorcoach, with CD/DVD/WiFi.

Students welcome with an adult.



**Trip Policy:** Participants are asked to meet at the Recreation Dept. Child Care Center, 14 Library Plaza 15 minutes prior to scheduled departure time. Once the bus arrives, we will take attendance, review the trip, wait 5 minutes and then leave. Tickets are not refundable unless we are able to find some one to take your place. There are no refunds if you miss the bus. Students are welcome with an adult.



## TRIPS / OUTINGS

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### MAJESTIC MAINE CRUISE

**WHO:** All (students welcome with an adult)

**WHEN:** Saturday, August 29, 2015

**WHERE:** Casco Bay / Freeport Min. 30 - Max. 40

**FEE:** \$79.00 p.p. **On Reg. Form:** [List Maine Cruise](#)

Majestic Maine Cruise, featuring Casco Bay, and Bailey Island and LL Bean in Freeport, Maine. Depart from the Recreation Child Care Center, 14 Library Plaza 6:30 a.m. Sharp! Arrive in Portland where we will board our ferry for a two hour narrated cruise of Casco Bay. We will have lunch on Bailey Island, choice of Lobster Casserole - Lobster Meat in wine sauce or Fish N'Chips, or Chicken Cordon Bleu, or Grilled Sirloin, select one. Later we will have time to visit the many shops and outlets in Freeport. We will return home around 6:30 p.m.

Children are welcome with an adult. Please show up 15 minutes prior to departure.

Silver Fox luxury Motorcoach features a bathroom, [CD/DVD and WiFi](#)

Fox Tours

Coming Soon!!!

Look for additional  
recreation trips this  
summer and fall.

Have a suggestion?

Give us a call.

**Trip Policy:** Participants are asked to meet at the Recreation Dept. Child Care Center, 14 Library Plaza 15 minutes prior to scheduled departure time. Once the bus arrives, we will take attendance, review the trip, wait 5 minutes and then leave. Tickets are not refundable unless we are able to find some one to take your place. There are no refunds if you miss the bus. Students are welcome with an adult.

# PRE-SCHOOL FUN

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## BASKETBALL BUDDIES

**WHO:** Co-ed, Grades Pre K - 1

**WHEN:** Wednesdays, 4:00 p.m. - 4:40 p.m.  
Jan., 14, 21, 28, Feb., 4, 11

**WHERE:** Governor Winslow School gym  
Please enter through the back gym door.

**FEE:** \$50.00 p.p. Min. 8 Max. 14

**On Reg. Form:** List Program, Date, Time and Session

**STAFF:** Mark Molloy is a teacher and coach with over 20 years of high school basketball coaching experience, 17 years as the varsity basketball coach at Hanover High School. His programs focus on FUN and fundamentals.

The Basketball Buddies program is designed for boys and girls pre-K, K & grade 1. Each child will to work with a "Buddy" (parent, grandparent, guardian or older sibling) under the direction of Coach Molloy. It is a non-competitive environment that focuses on introducing age-appropriate fundamentals in a positive learning environment. In addition to great player-buddy interaction, players will be developing skills that will ease the transition into youth basketball. Baskets will be lowered to allow for success.

Each player will receive a basketball and a t-shirt.

**\*\*Parents and Players, walk about the building enter through the back gym door.**

Look for additional Pre School programs this spring. Programs to include:

UK Elite Soccer

Tot Jam (ages 2-3)

Sports Jam (ages 4-6)

## SUPER STAR SOCCER

**WHO:** Co-ed, classes for aged 2-3, 3-4, and 4-5

**WHEN:** Saturdays, January 10, 17, 24, 31, Feb. 7 (5 weeks)

**WHERE:** Recreation Wrestling Room, Library Plaza, next to the Child Care Center, 14 library Plaza

**FEE:** \$100.00 p.p. Min. 5 - Max. 10 per class **On Reg. Form:** List Program, Date, Time

At Super Soccer Stars, we use the soccer ball as the vehicle to help children not only improve their soccer skills, but also develop self-confidence, improve gross motor skills, hone socialization skills and more.

Dynamic, local and international coaches work with small groups of boys and girls to develop these skills and a sense of self-confidence and teamwork in a fun, non-competitive, educational environment.

**STAFF:** All Super Soccer Stars coaches share two passions: a passion for soccer and a passion for working with children. Within this framework, our coaches bring an eclectic mix of talents and backgrounds. Collectively, they are artists, musicians, teachers, students and more. Many come from the hotbeds of soccer - Brazil, Italy, Argentina - while others come from lands as exotic as ... Charlestown. Such diversity allows each coach to bring a unique patience, energy, and creative flair to every class.

## COMMUNITY PLAYGROUP

**WHO:** Family Playgroups/All Ages

**WHEN:** Tuesdays, 9:00 am - 10:30 a.m. or 12:30 - 2:00 p.m.  
December 2 - February 3 (8 weeks)

**OR** Wednesdays, 9:00 am - 10:30 am  
December 3 - February 4 (8 weeks)

**WHERE:** Recreation Center, 900 Ferry Street  
Program Room

**FEE:** **FREE**, but you must **Sign Up with Deb Worsh\***

**781-834-5072**

[dworsh@mpsd.org](mailto:dworsh@mpsd.org)



**STAFF:** Facilitated by Deb Worsh, Marshfield Public Schools Early Childhood Outreach with support visits from Sue West.

## COMMUNITY PLAYGROUP

**WHO:** Parent Baby Playgroup

**WHEN:** Wednesdays, 12:30 - 2:00 p.m.  
December 3 - February 4 (8 weeks)

**WHERE:** Recreation Center, 900 Ferry Street  
Program Room

**FEE:** **FREE\*** No cost, but you must register.

**STAFF:** Facilitated by Sue West, Nurse, Childbirth Educator, Active Parenting Coordinator and Deb Worsh.

A playgroup for new and nearly new Moms/Dads, and babies.

Bring a healthy, peanut-free snack along with a water bottle or juice box and a smile.



All Playgroups are for children and their Moms/Dads/Caregivers and will be held in the preschool room at the Marshfield Recreation Center at Coast Guard Hill, 900 Ferry Street. Look for more play groups this spring and summer!! Let us know what you would like to see.

**\*Sign Up with Deb Worsh\***

## COMMUNITY PLAYGROUP 11

### Dad's & Granddad's

**WHO:** Co-ed, ages 0-5

**WHEN:** Friday 9:30 a.m.- 10:30 a.m.  
Session 1 December 5 - February 6, (8 weeks)

**WHERE:** Recreation Department, 900 Ferry Street  
Program Room

**FEE:** **FREE**, but you must **Sign Up with Deb Worsh\***

**781-834-5072**

[dworsh@mpsd.org](mailto:dworsh@mpsd.org)

**STAFF:** Facilitated by Deb Worsh, Marshfield Public Schools Early Childhood Outreach Coordinator

The must talked about Dad's and Granddad's Playgroup . This playground will be a work in progress, one that will evolve as we go forward. Join us and be a Founding Father! We will provide the space, opportunity and equipment. (indoor and out) Perfect opportunity for those who are new to town or those who have a younger child and are looking to make new friends.

## COMMUNITY PLAYGROUP

**WHO:** Family Playgroups/All Ages

**WHEN:** Thursdays, 10:00 - 11:30 a.m.  
December 4 - February 5 (8 weeks)

**WHERE:** Recreation Center, 900 Ferry Street  
Program Room

**FEE:** **FREE\*** No cost, but you must register.

**STAFF:** Facilitated by facilitated by Sue West, Nurse, Childbirth Educator, Active Parenting Coordinator and Deb Worsh.

Bring a healthy, peanut-free snack along with a water bottle or juice box and a smile.

**\*Sign Up with Deb Worsh\***

**781-834-5572**

# LICENSED CHILD CARE PROGRAM

12

## MARSHFIELD RECREATION EXTENDED DAY PROGRAM

Licensed by the Department of Early Education and Care

**WHO:** Boys and Girls, Grades K-5  
**WHEN:** 2014-2015 School Year  
**WHERE:** Martinson Elementary School  
**FEE:** \$30 per student (registration fee)

Licensed by The Department of Early Education and Care, for Marshfield students in grades K-5. The program operates during the school year, (including early Thursdays) from school dismissal until 6:00 p.m., from the first day of school until the last full day of school. The program is offered at the Martinson Elementary School. Students who attend off site schools are transported via Totman Enterprise Transportation Company from their elementary school to our program site at the Martinson Elementary School.

On the pre-registration form please indicate your child's school, number of days and days preferred. Limited to 26 students per day. **Mail In or Walk In only. On-Line registration not available at this time.**



One day a week	\$111.00 /month
Two days a week	\$222.00/month
Three days a week	\$233.00/month
Four days a week	\$250.00/month
Five days a week	\$270.00/month

*Monthly cost, per person. 10% discount for the second child, same family:*

**Waiting lists** are established when the program is at capacity.

School year activities include: monthly newsletter, theme months, homework assistance, arts & crafts, sports, table games, group activities, theatre, sewing, outdoor and indoor time, special events and student choice.

Separate Vacation Clubs are offered during the February and April School Vacations for all program participants, (limited space available) and grade appropriate non program participants at the Recreation Child Care Center for an additional fee, based on demand.

**STAFF:** Supervised by experienced individuals, (many former pre school/school teachers) who meet or exceed EEC requirements. High School, college students, School Tutors/Aides and older, certified in CPR and First Aid. Staff: student ratio not to exceed 1:13.

We always look for additional fun and engaging staff for substitute positions. Site Coordinator positions may be available.

## KARATE KIDS

13

**WHO:** Co-Ed, Grades K thru 5

**WHEN:** Tuesday & Thursday 5:00 - 5:50 p.m.  
January 6 - 15 (4 Classes)

**WHERE:** Whidden's School of Fitness  
822 Webster St., Marshfield

**FEE:** \$45.00 p. p. Min. 4 - Max. 8



Class focus is on basic self-protection skills, discipline, and athletic conditioning in a fun and creative atmosphere. Advancement is possible with continued study. The style of karate is Kempo. Uniform required, purchase at WSF for \$30.00. Arrive 15 minutes early to first class.

Instructor: Master Roger Whidden

Roger has been teaching Martial Arts since 1976. He has a black belt in Karate, a BS in Exercise Science, and MA's in Education and Counseling.

[www.whiddenschool.com](http://www.whiddenschool.com)

Offered to NEW students only

## KARATE KIDS

**WHO:** Co Ed , Grades K - 8

**WHEN:** Saturday 9:00 - 9:50 a.m.  
January 3 - 24 (4 classes)

Look for more classes this spring  
and summer!!

**WHERE:** Whidden's School of Fitness, Inc.

On Reg. Form: List Program, Date, and Time  
Min. 4 - Max. 8

**FEE:** \$45.00 per person (uniform required for safety, purchase at WSF for \$30.00)

**INSTRUCTOR:** Roger Whidden

Classes will combine Yoga, basic self-protection, and cardio-Kung Fu conditioning in a fun and creative atmosphere. Advancement is possible with continued study. Please arrive 10 – 15 minutes early for the first class.

[www.whiddenschool.com](http://www.whiddenschool.com)

Offered to NEW students only

## SKATEBOARD SKATERS

**WHO:** Co-ed, ages 5 - 11

**WHEN:** April 20 - 23 (Mon - Thurs), 9:00 a.m. - 11:00 a.m.

**WHERE:** Uncle Bud Skate Park

**FEE:** T.B.A. Min. 8 - Max. 12

**On Reg. Form:** List Program and Dates

**INSTRUCTORS:** The Staff at Levitate Surf and Skate Shop



Enjoy part of your April School Vacation right here at the Uncle Bud Skate Park. The staff at Levitate Surf and Skate Shop will provide group lessons to Beginner and Intermediate skaters (let us know your ability) We'll plan to celebrate our last day with a cheese pizza party. **Required:** skateboard, helmet, healthy drink, peanut free snack. Elbow and knee pads are highly recommended. If rain cancels the program will be held on Friday.

Look for expanded skateboard lessons this summer

## FEBRUARY SCHOOL VACATION CLUB

14

**WHO:** Students in grades K-5

**WHEN:** February 17, 18 and 20 (Tuesday, Wednesday and Friday), 8:00 a.m. - 6:00 p.m.

**WHERE:** Recreation Child Care Center, 14 Library Plaza

**FEE:** \$32.00 per person per day. Sign up for one or more days

Non Ext. Day students may register starting January 17, 2015

**INSTRUCTORS:** Recreation Department Staff

The Recreation Department proudly offers the School Vacation Club to all Marshfield students in grades K to 5. Students may attend one or more days. At this time, the Vacation Club is scheduled to operate and be staffed between the hours of 8:00 A.M. and 6:00 P.M. A variety of activities will be planned by the staff. The program will provide two snacks, and drinks. Parents will be responsible for providing a **Peanut Free** lunch each day.



The cost of the program is \$32.00 per person per day. We will strive to offer a ratio of not more than one (1) staff to ten (10) students.

A list of activities, special events and snacks will be emailed to participants prior to the start of the program. Questions? Call the recreation department. 781.834.5543

## SPRING GOLF

**WHO:** Co-ed, ages 7 - 15

**WHEN:** T.B. A. This Spring **FEE:** \$T.B.A. per person



**WHERE:** Coast Guard Hill, 900 Ferry Street Min. 8 Max. 12 **On Reg. Form:** List Program, Date, and Time

**INSTRUCTOR:** Courtney Lee - is a PGA player and has been teaching since 2007. Courtney played four years of varsity golf at Notre Dame Academy in Hingham, (team Captain during her junior and senior years). Courtney was the Boston Globe player of the year her senior year and has been an assist coach at N.D.A. the past two years. She currently works at Sandbaggers and Waverly Oaks golf clubs.

Beginner and intermediate instruction offered each night. This five-week learn-to-golf program includes etiquette, equipment, putting, chipping, full swings, end of season tournament and more. Sneakers or golf shoes required, t-shirt or collar shirt, no tank tops. Bring your clubs, limited supply available.

## TENNIS

**WHO:** Co-ed, Grades 2 - 7

**WHEN:** Winter Tennis

Sundays, January 25 - March 8 (5 weeks)

Grades 2 - 4 12:00 p.m. - 1:00 p.m.

Grades 5 - 7 12:00 p.m. - 1:00 p.m.

**WHERE:** The Kingsbury Club, 186 Summer Street, Kingston, MA

**FEE:** \$100.00 p.p. Min. 3 Max. 4

Get your child "in the game for life". Experience a life long sport with great teaching staff. A sure recipe for building skills, being successful and having lots of FUN! No racquet, no problem, the staff at Kingsbury Club will loan you one to use during class. Perfect for beginner of intermediate player.

## AFTER SCHOOL SPORTS

15

**WHO:** Co-ed, students in grades 3, 4, 5

**WHEN:** After School  
Winter Session: February 2 through April 3 (8 weeks)  
Spring Session: April 27 through May 23 (4 weeks)

**WHERE:** Elementary Schools  
No classes during February or April School Vacation



**FEE:** Winter session: \$40.00 per student / Spring session: \$20.00 per student

**On Reg. Form:** List Program, School, Grade, Day and Code

**Please Note:** *Winter Session - Eames Way School, February 23, and conclude the week of April 17 (8 weeks)*  
*\*\*Martinson - Monday February 23- April 13 (8 weeks)*

NOTE: All registration forms must be returned to the Recreation Office with appropriate fee. DO NOT return forms to your teacher or school. Registration begins when you receive the brochure, walk or mail your registration to the Recreation Office DO NOT RETURN to the school.

The after school sports program is designed for students in grades 3 through 5. Large group activities will be planned, (kickball, soccer, capture the flag, scooter ball, etc.). Weather permitting, activities will take place outside, otherwise we will use the gym. Students should wear comfortable clothing and sneakers. **Students must be registered by 10:00 a.m. on the day the program begins in order to attend on their scheduled day.** If they are not registered by 10:00 a.m. they may not attend until the following week. Students may register for only one afternoon a week. Class is limited to a minimum of 14 and a maximum of 22 students per class. Parents must pick up their child/children promptly at the end of each session.

Parents must send a note to their child's principal informing him/her the child will be staying after school to participate in this program. Without a note, your child/children will not be allowed to remain after for this program. If permission is given for your son/daughter to walk home following the program, please indicate in your note. Send the note early, don't wait for the first day of the program.

If your son or daughter has asthma and requires his/her inhaler, please send a note to the school office granting permission to retrieve the inhaler from school nurses' office. Please state that the student knows how to use the inhaler and has permission to self-administer as needed. The Recreation Office will also require a copy of said letter.

SCHOOL	GRADE	DAY	TIME	WINTER CODE	SPRING CODE
Daniel Webster	3,4, & 5	Monday	3:00 - 4:15	DWS W Mon	DWS S Mon
Martinson					
	3,4 & 5	Monday	3:00 - 4:15	MES W Mon	MES S Mon
South River	No Class				
Eames Way	3, 4, & 5	Monday	3:30 - 4:45	EWS W Mon	EW S Mon
Gov. Winslow	No Class				

# KIDS FIT

## A Before School Fitness Program

16

**WHO:** Co-ed, students in grades 2, 3, 4, 5

**WHEN:** Weekday mornings, (students attend two mornings a week)

**Session 3** February 23 - March 27 (5 weeks)

**Session 4** April 6 - May 15 (5 weeks) No class April School Vacation

**WHERE:** Elementary Schools

**FEE:** \$60.00 per student, (Daniel Webster School) Min. 12 - Max 14 students per session.

\*\*Martinson Fee is \$50.00 p.p. for two days a week. Sign up for 4 days a week the cost is \$90.00 for the 5 week session

\*\*\* Governor Winslow Fee is \$30.00 p.p. for one day a week for the session.

### On registration form list Program, School, Session & Days

Are you up early and eager to get to school? Looking for a little fun and exercise to get in shape and be mentally prepared for the school day? Kids Fit might just be the program you have been looking for. With the assistance of school staff, students will have fun creating energy while they run, jump, throw, skip, push, stretch and climb. We'll get our hearts pumping, and through games and activities we will improve our balance, coordination, flexibility, power, agility and speed. Kids Fit has been an over whelming success at the South River. Governor Winslow and Martinson Elementary Schools, this winter we will expand Kids Fit to the Daniel Webster School. Two five (5) week sessions will be offered in this brochure. You may register for one or both sessions. Join your friends and have some fun before school. Students should wear comfortable clothing and sneakers. **Students must be registered before 12:00 p.m.** on the day before the program begins in order to attend on their scheduled days.

**Martinson School** - Students enter through the main entrance and go directly to the gym. At the end of class, students will be dismissed from the gym to the cafeteria before heading to their classroom.

**Daniel Webster School** - Students enter through the main entrance and go directly to the gym. At the end of class, students will be dismissed from the gym to the cafeteria before heading to their classroom.

**Gov. Winslow School** - Students enter through the main and walk to the gym. At the end of class, students will be dismissed from the gym to the cafeteria before heading to their classroom.



Daniel Webster		
Session 3	M & W	7:15-8:15 a.m.
Session 4	M & W	7:15-8:15 a.m.

#### Kids Fit Staff:

Gov. Winslow - Ms. Kaitlyn Burns

Daniel Webster - Mr. Chris Patota

Martinson - Mr. Jeff Dunn and Mr. Rick Wheaton

Gov. Winslow	Days	Time
Session 3	Th	7:15 – 8:15 a.m.
Session 4	Th	7:15 – 8:15 a.m.
Martinson		
Session 3	M & W	8:00-8:45 a.m.
	T & F	8:00-8:45 a.m.
Session 4	M & W	8:00-8:45 a.m.
	T & F	8:00-8:45 a.m.



## GIRL POWER YOGA

**WHO:** Girls, ages 7 -11

**WHEN:** Sundays, January 18 - February 8  
(4 weeks) 4:00 - 5:00 p.m.

**WHERE:** Recreation Child Care Center, 14 Library Plaza

**FEE:** \$44.00            Min. 6 - Max. 10

**STAFF:** Laura McGrath, LCSW, YKA.

Laura has over 18 years of experience working with children and teens, with 8 of those years working in as a therapist in a therapeutic day school providing individual and group counseling. She has been teaching yoga classes both privately and locally at Pudding Hill Preschool, Mamas Move and the Marshfield Recreation Department. Laura combines her clinical and yoga knowledge to provide dynamic classes that help children and teens to discover and embrace their best selves.

This session of Girl Power Yoga will focus on using a combination of classic yoga poses, cooperative games, relaxation techniques, music and art for self exploration. The themes will focus on physical and emotional strength, self confidence, friendship and fun! They will let their Girl Power Shine!!

Mats will be provided. Girls should wear comfortable clothes and bring a water bottle.

Look for additional yoga classes this Winter and Spring!

## WINTER ARCHERY

**WHO:** Co-ed, ages 8 - adult

**WHEN:** Thursdays, January 15 - February 26  
(6 weeks) 5:00 - 6:00 p.m.

**WHERE:** The Archery Center, 266 Whiting Street  
Hingham, MA (close to Derby St shops)

**FEE:** \$140.00 p.p.            Min. 4 - Max. 8

On Reg. Form List Program, Date and Time

**STAFF:** Lauren Andersen, certified instructor, High School Physical Education teacher and Girl's Softball Coach.

New students will enjoy this introductory archery class. Course is based on USA Olympic Archery guidelines. Students will learn to shoot in a small group with a certified instructor. All equipment is provide.

## MIDDLE SCHOOL WRESTLING 17

South Coast Wrestling League

**WHO:** Boys grades 5, 6, 7, and 8

**WHEN:** Tuesday and Thursday, 6:00 p.m. - 8:00 p.m.  
January 6 - February 12 (6 weeks)

**WHERE:** 1837 Ocean Street , adjacent to the Recreation Child Care Center, 14 library Plaza. Min. 15 - Max. 20

**FEE:** \$65.00 p.p. includes

**On Reg. Form:** List Program, Day, Time, Tee Size

Students will learn the basics of wrestling including the fundamentals of the top, bottom, and neutral positions. Coaches will concentrate on safety and fun, while at the same time building a strong work ethic. Practices will involve the basics of wrestling, games, functional fitness exercises, and live situational wrestling.

Wrestlers MUST wear clean shorts or sweat pants and a t-shirt to practice. If wrestlers do not have wrestling shoes they should wear a clean pair of socks, street shoes and bare feet are not allowed on the mats. Bring a water bottle with your name on it. The South Coast Wrestling League, matches will take place in January and February. Coach Pomella, MHS Head Wrestling Coach, will hand out practice and match schedules. Option, wrestle during the practices or you may wish to practice and wretle in the many meets which will be offered.

**STAFF:** Matt King, a 4 year varsity wrestler for Scituate H.S.. Matt is a former Assistant Coach of Cohasset High wrestling and more recently he was a parent of a four year MHS wrestler and a coach for the youth program.

Thomas Pomella is a Marshfield resident who was educated in the Marshfield School system and played Football and Wrestling for Marshfield High School.

- \* 1984 Mass High School Division 1 State Champion
- \* Top 6 High School New England Wrestling Tournament
- \* All-Scholastic
- \* U-mass, Amherst Division 1 Wrestling Scholarship
- \* 3<sup>rd</sup> Place 190lb College Division 1 New England Wrestling Tournament
- \* 1, 2<sup>nd</sup> and 3<sup>rd</sup> place finishes in the Heavy Weight class at the College Division 3 New England Wrestling Tournaments
- \* Four time All-New England Wrestler
- \* National qualifier
- \* College Scholar Athlete Award

### COACHING

\* Youth Soccer, Baseball, MYFL Assistant Coach 6<sup>th</sup> and 7<sup>th</sup> grade, Youth Wrestling, Softball

## VOLLEYBALL STARS

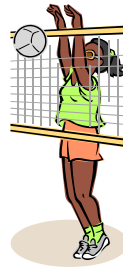
**WHO:** Girls, Grades 6 – 8

**WHEN:** T.B.A.

**WHERE:** Furnace Brook Middle School Gym

**FEE:** \$55.00 per person Max 26 players

**On Reg. Form:** List Program, Date, and Time



**Please note t-shirt size on registration form:** 18

Adult Small  
Adult Medium  
Adult Large

**Instructor:** Mr. Al Mirabile, former MHS Girls Volleyball Coach and members of the MHS Volleyball team. Enjoy a great team sport. The focus will be on building team and cooperative skills as well as basic volleyball skills. Group and individual instruction will be offered. A great opportunity for girls who are interested in playing at the high school level. Wear t-shirts, shorts or sweats, and sneakers. Bring a bottle of water. Several matches with area towns will be organized.

## BABYSITTING TRAINING FOR KIDS

**WHO:** Boys and Girls, Grades 6 - 8

**WHEN:** Mondays, February 2 - March 16, (6 weeks) 2:20 – 3:25 p.m. Min. 18 - Max. 20

**WHERE:** Furnace Brook Middle School, Room # 20  
8th grade Art Room, across from the cafe



**FEE:** \$50.00 person, includes booklets, bottle of water and small snack **On Reg. Form:** List Program, Date, and Time

**INSTRUCTOR:** Ms. Sue Clancy

The course will include basic first aid, safety precautions, age-appropriate activities, parental expectations, babysitting as a business, role playing, interviewing and more!

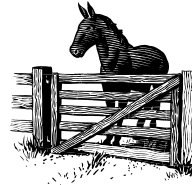
## HORSEBACK RIDING CLINIC

**WHO:** Family and Friends

**WHEN:** Saturday, This Spring. Date T.B. A. 2:00 p.m. - 3:30 p.m.  
([www.furnacebrookfarm.com](http://www.furnacebrookfarm.com))

**WHERE:** Furnace Brook Farm, 253 Sandy Hill Drive, Marshfield

**FEE:** \$5.00 per family **On Reg. Form:** List Program, Date, and Time



Held rain or shine

**INSTRUCTOR:** Ms. Erin Van Steenburgh is a Massachusetts Licensed Riding Instructor who holds two national titles.

Learn about riding styles and forms, types of horses, ponies, care, feeding, grooming, and expenses. Enjoy a riding demonstration and perhaps more! Minimum of 5 and maximum of 15 participants. Remember to bring your camera!!

Look for riding lessons this Spring and Summer, Details to follow!

## BOATING SAFETY

**Look for several boat safety classes this spring!!**



# EVENING SPORTS PROGRAMS

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## SUMMER BASKETBALL

**WHO:** Students entering grades 3 - 6  
September 2015 - 2016 school year.

**WHEN:** W - July 8 - August 5 (5 weeks)  
Th - July 9 - August 6 (5 weeks)  
Practice before game from 6:30 - 6:45 p.m.  
Concludes by 7:30 p.m.

**WHERE:** Outdoor Courts at Barrows / Lopes Courts (Furnace and Forest Street) and Martinson School

**FEE:** \$30 per person with a maximum of \$65 per family.

Separate teams for boys and girls. Limited to 24 players per grade group! Rain out extends program another week

**On Reg. Form:** List Program, (Boys or Girls) Grade, and Coach



## SUMMER STREET HOCKEY

**WHO:** Co-ed, students entering grades 1 - 4  
September 2015 - 2016 school year.

**WHEN:** M - July 6 - August 3 (5 weeks)  
T - July 7 - August 4 (5 weeks)

Rain cancellation extends one week.  
Game time: 6:30 p.m.

**WHERE:** Street Hockey Rink

**FEE:** \$30 per person, \$65 maximum per family. Limited to 24 players per grade group! Sneaker League



**On Reg. Form:** List Program, Grade, and Coach

### BOYS

Grade	Day
3-4	Wednesday
5-6	Thursday

### GIRLS

Grade	Day
3-4	Wednesday
5-6	Thursday

### BASKETBALL, GRADES 1 & 2

Co-ed Skills Clinic, July 7 - August 4, 6:30 - 7:30 p.m.  
Students Entering Grades 1 & 2 September 2015 school year  
Dribbling, passing, shooting and teamwork will be emphasized as well as inter-squad scrimmages. Meet at the Martinson Elementary School Basketball Court.

Grade	Day	Fee
1-2	Tuesday	\$30.00

Basketball
Coach



Grade	Day
1-2	Monday
3-4	Tuesday

All players need a stick, hockey helmet with a face cage/shield. NO HELMET, NO PLAY!

Don't be left out of the summer fun. Get your friends together and sign up. The last day to register for the basketball and street hockey programs (unless teams are already full) will be Friday, May 1.

Hockey
Coach

### IMPORTANT DATES

#### Coaches Night

(Team Selection and Rules)  
Recreation Office, 900 Ferry Street

**Street Hockey**, Thursday, May 7, 7:00 p. m.  
**Basketball**, Thursday, May 14, 7:00 p.m.

*These sports programs will continue as long as we have parent volunteers to coach.  
Your support will allow these summer youth programs to continue!*

# R.A.M.S.

## Recreational Access for all Marshfield Students

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The R.A.M.S. program is a structured after-school enrichment program specifically designed for students with disabilities and their peers. The R.A.M.S. program focus is on the development of social pragmatic skills, independence, creativity and gross and fine motor development. The goal is to create fun and engaging opportunities that will foster friendships in an inclusive environment.

For R.A.M.S. - sponsored recreation programs, if **your child needs access to medications**, please be aware that there is no nurse on-site. Parents are responsible for assuring the appropriate information is provided to the instructors. Instructors cannot dispense medication. If there is an emergency, 911 will be called. Parents seeking further accommodations that are necessary to allow their child to access a R.A.M.S. program or activity should contact the Marshfield Recreation Department at 781-834-5543. Let us know what you would like to see addressed in terms of social goals, independence, or a class related skill. Thank you for your assistance.

Peer Program Volunteers - A limited number of volunteer opportunities are available for each program. Interested? Call our office for detailed information. A program orientation for all P.P.V. staff will be held prior to the start of the programs. Details to follow. If a P.P.V., please check the box on page 33.

### SUPER SPORTS

**WHO:** Co-ed, grades 5 -12

**WHEN:** Spring 2015

**WHERE:** Recreation Center, 900 Ferry Street and Peter Igo Park

**FEE:** \$50.00 p.p.

**On Reg. Form:** List Program, Days and Time

**Instructor:** T.B.A.

Super Sports is a gross motor program. We are planning for a spring sports program designed to appeal to upper elementary to middle school age students of a wide range of ages abilities and interests. The five (5) week clinics will be offered at the Recreation Center and at the Peter Igo Park. The program will offer a combination of paid and volunteer staff who will provide the support necessary for the successful introduction of several life long sports. Sports are introduced through basic games, activities, skill development and drills. The students will have fun while exercising, improve their coordination, gain skills for healthy living, and build friendships. The spring sports will include Tennis, Basketball and Golf. Students will be charged a nominal fee of \$50.00 p.p. per program to participate in these programs.

### SUMMER PROGRAMS

Look for additional information o the following programs:

Busy Bees, Chirpy Crickets, Super Sea Stars, Peer play-ground and more!!

Information will be included in the Summer Brochure, available in April.



We would like to extend our sincere thanks to the Edwin Phillips Foundation for their financial support. Funding from grant approval has allowed us to offer these programs to the community at a reduced rate.

We wish to thank the Marshfield SEPAC (Special Education Parent Advisory Council) and Marshfield Public Schools for their input, guidance and suggestions. We look forward to partnering with Marshfield SEPAC and The Marshfield Public Schools as we strive to develop additional programs for the spring and summer.

Adults - If you have a special skill or talent which you wish to share with the community give us a call.

Programs will fill quickly, if you have a program suggestion please let us know. Call the Recreation Department, 781.834.5543, or e-mail [nbangs@townofmarshfield.org](mailto:nbangs@townofmarshfield.org)

## ADULT EDUCATION / PROGRAMS

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### BADMINTON

**WHO:** Adults, (High School and older)  
**WHEN:** Mondays, January 26 - June 1, 2015, 7:30 - 9:30 p.m. (16 weeks)  
**WHERE:** Martinson Elementary School Gym **FEE:** \$28.00 per person

**On Reg. Form:** List Program, Date, Time and Session

No class: 2/2, 4/20, 5/25

Will notify of other possible cancellations

**INSTRUCTOR:** Ned Bangs and Company

You saw it at the London Olympics and now you can play it in Marshfield. The badminton program will focus on increasing fitness levels and endurance of participants in a fun and energized environment. Focus will be on introducing badminton techniques and strategy while developing basic strokes and footwork, game play and having fun! Come dressed and ready to play!



### TABLE TENNIS (Ping Pong)

**WHO:** Co-ed, High School grads and older

**WHEN:** Wednesdays, 7:00 - 8:30 p.m.  
March 4 - April 8, 2015 (6 weeks)

**WHERE:** Recreation Child Care Center, 14 Library Plaza

**FEE:** \$18.00 p.p. Min. 4 - Max. 8

**On Reg. Form:** List Program, Date and Time

**Instructor:** T.B. A.

You have asked for it and here it is, Adult Table Tennis. Relive your childhood memories, or learn a new lifetime leisure and low impact sport. Get your friends together or come alone. We will provide the tables and paddles and some good clean fun.

Table tennis (ping-pong) is one of the most popular sports in the world. Junior table tennis in the United States is on the rise. Table tennis is good for your health - it's great for getting up a sweat and getting the heart rate up. Have fun.



### PICKLE BALL

**WHO:** Co-ed, High School grads and older

**WHEN:** Wednesdays, 7:30 - 9:30 p.m.  
January 28 - June 3, 2015 (17 weeks)  
No class 2/18, 4/22 or when school is closed.

**WHERE:** Martinson Elementary School Gym

**FEE:** \$28.00 p.p. Min. 4 - Max. 16

**On Reg. Form:** List Program, Date and Time

**Instructor:** Ned Bangs and Friends

What do you get when you combine badminton, tennis and ping-pong? Pickle Ball of course!

The history of Pickle Ball began with the familiar summer whine that often causes parents to take drastic measures. In the summer of 1965, the "I'm bored" mantra was chanted by the children of two families on Brainbridge Island in the Puget Sound area of Washington. Two desperate dads, Bill Bell and Joel Pritchard, invented a game. Though Pickle Ball is played by all ages, it has found its niche in grade school PE programs and senior retirement centers. The first national tournament was held in a retirement community in Florida that has 36 courts. Pickle ball has found its way into senior games competitions in several states. Pickle Ball can be played indoors as well as outdoors. Pickle Ball is the fastest growing sport in the USA. Come and check out this fun sport and meet some new friends.

Locally Pickle Ball is played in several Cape towns, and Marshfield. Google Pickle Ball for more info on this fun sport.

## CPR AND FIRST AID

**WHO:** Ages 12 and older

**WHEN:** Monday and Wednesday, Dates T.B.A. 6:30 p. m. - 9:00 p.m.

**WHERE:** Recreation Child Care Center, 14 Library Plaza

**FEE:** T. B. A.



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**On Reg. Form:** List Program, Date, and Time

Learn cardiopulmonary resuscitation and basic first aid skills. Ideal training for students, parents, coaches and community members. A perfect class for students who have taken or will take the Recreation Department middle school Baby Sitting Training for Kids class. CPR is Monday night. First Aid is Wednesday night.

## ADULT CO-ED VOLLEYBALL (recreation play)

**WHO:** Adults, (High School Graduates and older)

**WHEN:** Thursday nights 7:30 - 9:30 p.m.  
January 29 - June 4, 2014 (17 weeks)

**No Class:** February 19 and April 23,  
or any school cancellations. Will notify  
of other possible conflicts

**WHERE:** Martinson Elementary School

**FEE:** \$32.00 per person (guest pass-\$5.00, good for one visit)



**On Reg. Form:** List Program, Date, and Time

**INSTRUCTORS:** John Cullen & Ned Bangs

**Recreational play.** Ideal for those who have played previously. Instruction offered as needed. Basic rules are followed. Come dressed and ready to play. Maximum 24 adults. \*\*7:00 p.m. - 9:30 p.m. Starting Thursday, March 26\*\*

## MEN'S BASKETBALL

**WHO:** Adults, (age 30 and older)

**WHEN:** Mondays, January 26 - May 18, 2015

8:00 p.m. - 10:00 p.m. (15 weeks)

No class 2/16, 4/20, or any school cancellations

Staff will notify of any other cancellations, HS Gym activities may alter start time.



**WHERE:** Martinson Elementary School, 275 Forest Street

**FEE:** \$32.00 pp. Min 10 - Max 20

**INSTRUCTOR:** Mr. Sean Garland

**On Reg. Form:** List Program, Day and Time

Monday night basketball returns. Pick up games will be offered each week. This will be a good time to get together with friends for a few fun games of round ball. This is recreational play and not geared to the serious gym rat. We will supply the balls and pinneys. Fair and Fun play. Good sportsmanship is expected from all players.

## MEN'S BASKETBALL

**WHO:** Men, (age 30 and older) **FEE:** \$32.00 pp. Min 10 - Max 16

**WHEN:** Wednesday, January 28 - May 20, 2015  
7:00 p.m. - 8:30 p.m. (15 weeks)

No Class: 2/18, 4/22, or any school  
cancellations. Staff will notify of any  
other cancellations.

**WHERE:** Daniel Webster School, 1456 Ocean Street

**INSTRUCTOR:** Mr. Sean Garland

**On Reg. Form:** List Program, Day, Time

Adult Recreation Basketball returns this winter. Pick up games will be offered each week. This will be a good time to get together with friends for a few fun games of round ball. This is recreational play and not geared to the serious gym rat. We will supply the balls and pinneys.

## COMMUNITY GREEN HOUSE

## COMMUNITY GARDEN-

23

**WHO:** Adults / Families

**WHEN:** Seasonally

**WHERE:** Recreation Center, 900 Ferry Street

**FEE:** FREE!

**On Reg. Form:** List Community Green House

**STAFF:** Volunteer Coordinator, T.B.A.

Marshfield Recreation offers residents of all ages a seasonal Hoop Hut Green House. This 12x15 foot building is ready for volunteer use. Extend your growing season with our Community Green House. This spring we will look to establish an informal Gardening Club. We will plan to meet with interested users on Thursday, April 10, 7:00 p.m. at the Recreation Center. Make new friends, enjoy a new hobby, and enjoy the fruits of your labor!

Time to Eat Healthy, know where your food and flowers come from.



### LET'S GO!!

**WHO:** Adults / Families (children with adult, age 6 and older)

**WHEN:** Saturday, May 2, 8:00 a.m. - 10:00 a. m.

**WHERE:** Meet at Recreation Center, 900 Ferry Street      Min. 6    Max. 10

**FEE:** \$5.00 (per family, couple or single)

**On Reg. Form:** List Program, and Date

**STAFF:** Ned Bangs, Marshfield Recreation Director and Friends

Explore Marshfield on Foot! New to town? Long time resident? Looking for friends to walk with? Here is your opportunity to explore some of Marshfield's conservation gems. On select Saturdays, we'll hike town conservation and quasi public conservation land. We'll meet at the recreation center, 900 Ferry Street, review the planned hike and driving directions, fill up water bottles and head out. Learn about history, land use, plant ID and share your knowledge with others. Bring a camera, peanut free snack, water and binoculars. Dress for the weather, sturdy shoes and a walking stick are fine. Hikes will last up to two hours. If you would like to help plan and lead a walk call the office. Healthy Habits! We love dogs, but for the comfort of all leave them at home. Participants should be in good health and able to walk on uneven ground for up to 1.5 hours. We'll leave the electronic devices at home, turn off the cell phone and listen to the sounds of nature! Send us your walking suggestions, as we explore Marshfield on foot!



**WHO:** Adults / Families

**WHEN:** April 19 - November 22, 2015

**WHERE:** Recreation Center, 900 Ferry Street

**FEE:** \$20.00 per plot (1 plot p. p. / group)

**On Reg. Form:** List Community Garden

**STAFF:** Volunteer Coordinator, T.B.A.

Marshfield Recreation offers residents of all ages a seasonal Organic Community Garden. The Community Garden consists of 14 raised beds of varying sizes, (approx. 8 x 4 feet) In fairness to all, each Individual, Family / Youth Group / Local organization is limited to one plot. A planning meeting for the gardeners will be held on Thursday, April 16, 7:00 p.m. at the Recreation Center. A review of rules, signoff sheet, drawing for the right to select a plot, questions and more! Save gas, make new friends, get some good exercise, increase your knowledge, and grow locally! Time to Eat Healthy, know where your food and flowers come from.



Take only Photos, Leave only Foot prints  
Make only Shadows, Remove only Litter\*





## UPCOMING ACTIVITIES

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Look for more details in local newspapers and on our website: [google Marshfield Recreation](#)

- EASTER EGG HUNT:** **Save the date! Saturday, April 4, 10:00 a.m.**  
The Easter Bunny will welcome Marshfield children through age 5, rain, snow or shine at Coast Guard Hill. Park in the dirt lot off Ferry Street or in the lot by our office. Volunteers are needed for this program. This annual event is sponsored by Seaside Homes of Marshfield.
- SANDCASTLE / SCULPTURE CONTEST:** **Save the date! Saturday, August 1.** Enjoy this annual family event at Rexhame Beach sponsored by Brian Molisse and The Molisse Realty Group.
- EXTENDED DAY PROGRAM:** Pre-register for school year 2015-2016. Details will be listed in the Summer Brochure. **Call for current openings!**
- SUMMER BROCHURE:** Look for the summer community brochure. We plan to have the brochure on the web for viewing, the week of April 1st.
- BIRTHDAYS / CELEBRATIONS:** Looking for a program room for special event? The Recreation Departments Child Care Center may be just the place. Details will be available in our Summer Community Brochure.



## SPORTS ORGANIZATIONS



*Please Clip and Save!!*

The following volunteer-run organizations provide sports programs for Marshfield residents. **These youth organizations are not under the jurisdiction of the Recreation Department.** The Recreation Department does not assign practice times to individual teams. The department will issue a permit to the league which in turn assigns fields and practice times. For further information please contact the sports organization of choice.

Baseball & T-Ball	<a href="http://www.marshfielddyouthbaseball.com">www.marshfielddyouthbaseball.com</a>
Basketball, (Winter)	<a href="http://www.marshfielddyouthbasketball.com">www.marshfielddyouthbasketball.com</a>
Cheerleading	<a href="http://www.leaguelineup.com">www.leaguelineup.com</a>
Football	<a href="http://www.eteamz.com/marshfielddyouthfootball">www.eteamz.com/marshfielddyouthfootball</a>
Furnace Brook Farm	<a href="http://www.furnacebrookfarm.com">www.furnacebrookfarm.com</a>
Hockey, (Youth)	<a href="http://www.coastalstarsyouthhockey">www.coastalstarsyouthhockey</a>
Karate	<a href="http://www.whiddenschool.com">www.whiddenschool.com</a>
KLS Taekwondo	<a href="http://www.klstaekwondo.com">www.klstaekwondo.com</a>
Lacrosse, Boys	<a href="http://www.marshfielddlax.com">www.marshfielddlax.com</a>
Lacrosse, Girls	<a href="http://www.marshfielddgirlslax.com">www.marshfielddgirlslax.com</a>
Soccer, (Youth Co-ed)	<a href="http://www.marshfielddsoccer.com">www.marshfielddsoccer.com</a>
Soccer, (Hot Shots, Girls)	<a href="http://www.hotshotssoccer.org">www.hotshotssoccer.org</a>
Softball	<a href="http://www.marshfielddgirlssoftball.net">www.marshfielddgirlssoftball.net</a>
Tennis, (Kingsbury Club)	<a href="http://www.kingsburyclub.com">www.kingsburyclub.com</a>



# MARSHFIELD RECREATION DEPARTMENT

900 Ferry Street, Marshfield, MA 02050

781-834-5543

E-mail: Recreation@townofmarshfield.org

Received by: \_\_\_\_\_

Date received: \_\_\_\_\_

Cash: \_\_\_\_\_

Check # \_\_\_\_\_

Amount: \_\_\_\_\_

## Winter / Spring 2015 Registration Form

Credit Card, Debit Card, Electronic Check, On-Line, Mail In or In Person.

Program registration will begin when you pick up a brochure, hard copy or on the web.

Payment is expected when you register

**- Please Print Clearly -**

**Complete All Applicable Sections**

**Make Checks Payable to Town of Marshfield**

Family Last Name: \_\_\_\_\_

Contact E-mail: \_\_\_\_\_

**Help us get it right, please print**

Address: \_\_\_\_\_

Include mailing if different

Town

Zip Code

When emergency situations arise, or if staff need to contact you due to program changes, please complete the following: Indicate by number ( ) the order of preference for contacting the people you list.

Mother's Name \_\_\_\_\_

**(or adult female participant)**

Father's Name: \_\_\_\_\_

**(or adult male participant)**

Address: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_  
(if different from above)

\_\_\_\_\_  
(if different from above)

Home Phone: \_\_\_\_\_ ( )

Home Phone: \_\_\_\_\_ ( )

Work Phone: \_\_\_\_\_ ( )

Work Phone: \_\_\_\_\_ ( )

Cell Phone: \_\_\_\_\_ ( )

Cell Phone: \_\_\_\_\_ ( )

Insurance Company/policy # \_\_\_\_\_

## Recreational and Volunteer Activities Release

I, the undersigned, do hereby consent to my participation in voluntary or recreation programs of the Town of Marshfield.

I also agree to forever release the Town of Marshfield, and all their employees, agents, board members, volunteers, and any and all individuals and organizations assisting or participating in any voluntary or recreation programs of the Town of Marshfield from any and all claims, rights of action and causes of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to myself or property damage resulting from my participation in the Town of Marshfield voluntary activities or recreation programs.

I also promise to indemnify, defend, and hold harmless the Town of Marshfield against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, arising from personal injuries to myself or property damage resulting from participation in the Town of Marshfield voluntary activities or recreation programs.

I further affirm that I have read this Consent and Release Form and that I understand the contents of this form. I understand that my participation is voluntary and that I am free to choose not to participate in said programs. By signing this form, I affirm that I have decided to participate in the Town/City as a volunteer or in its recreation program with full knowledge that the Town of Marshfield will not be liable to anyone for personal injuries and property damage that I may suffer in voluntary activities Town/City or recreation programs.

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature if participant is under 18 years of age: \_\_\_\_\_

Participant Name: \_\_\_\_\_ M F Grade: \_\_\_\_\_

D.O.B. \_\_\_\_\_ Age: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Medication or other information staff should be aware of: \_\_\_\_\_

**Age 5 or under?** A copy of your Birth Certificate / Physical is required New ☐ on File ☐

PROGRAM NAME	DATE (S)	TIME/DAY/SESSION	LEVEL If Applicable	FEE

Participant Name: \_\_\_\_\_ M F Grade: \_\_\_\_\_

D.O.B. \_\_\_\_\_ Age: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Medication or other information staff should be aware of: \_\_\_\_\_

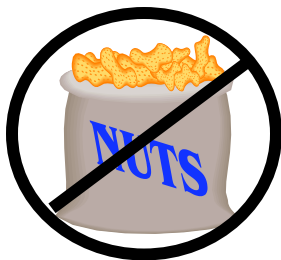
**Age 5 or under?** A copy of your Birth Certificate / Physical is required New ☐ on File ☐

PROGRAM NAME	DATE (S)	TIME/DAY/SESSION	LEVEL If Applicable	FEE

### SNACKS

Due to the large increase of student allergies **ALL** program sites are **PEANUT FREE.**

Upon request we will e-mail you a list of peanut-free and healthy snack choices. Please call if you have any questions or if we may assist you.



“Helping Hand” assists those families who are not able to afford youth programs. If you would like to contribute to this program please do so here.

Total Amount Due \_\_\_\_\_

Helping Hand Fund \_\_\_\_\_

- Thank you! -

Total Amount Enclosed \_\_\_\_\_



If you wish to be a Peer Program Volunteer please check this box.

☐

We will email you a Volunteer Application and CORI

Marshfield Recreation recommends hats, sunglasses, Sunscreen / Sunblock and or bug spray for all outside activities. Please apply Sunscreen / Sunblock or bug spray outside and prior to the activity. Bug spray must be applied outside of any building and away from other individuals. Staff may not apply Sun screen / Sunblock, or bug spray to children. Due to allergies, Sunscreen / Sunblock or bug spray may not be shared with other children.

### YOUR FEEDBACK IS IMPORTANT TO US!

Have a question, comment, something we should know, would like to volunteer, or have a program suggestion? Please take the time to let us know how we can better assist you with your leisure needs.

How do you find out about our programs? (Please Check) Brochure ☐ Newspaper ☐ Friend ☐ School Notice ☐ Web Page ☐ Rec. Dept. E-mail notice ☐ Other \_\_\_\_\_

Would you recommend a program to a friend? \_\_\_\_\_ Why? \_\_\_\_\_

What types of programs would you like to see more of? Pre-School ☐ Children ☐ Youth ☐ Teen ☐ Adult ☐ Suggestions!

## **PETER IGO PARK:**

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This spring will see continued improvements to the Peter Igo Park as well as the planned grand opening. Improvements include one regulation basketball court, three regulation tennis courts, and four Ten and Under courts. Look for improved parking, access to the Green Harbor River and more! Thank you for your patience as the town and contractors continue with facility renovations. Enjoy safe skating this winter on the rink located at the Marshfield Town Pier.

## **OUTDOOR BASKETBALL COURTS:**

This spring enjoy the renovated Barrow/Lopes Basketball Courts located at the intersection of Forest and Furnace Streets. This spring we will work to improve the street hockey rink.

## **BALLFIELD PERMITS:**

The Recreation Department will be accepting ball field permit applications starting Thursday, January 29. Please call our office for details. Ball field requests for spring and summer use will be accepted January 29 through February 12, 2015.

## **SUMMER CONCERT AND ENTERTAINMENT SERIES:**

Attention Artists! If you or your group would like to be considered for the Summer 2015 showcase series please submit an "Entertainment Application" to our office, Attention, "Summer Showcase Series" by Friday, February 13.

The summer series is funded through fundraisers and donations from local organizations and residents. If you would like to contribute to this family series, or if your business or organization would like to co-sponsor a particular night please contact our office at (781) 834-5543.

## **JOBS! JOBS! JOBS!**

Applications for summer employment, paid and volunteer positions, will be accepted March 5 - 24. Applications are available on the town web site. (See Payroll and Benefits Department) The minimum age for paid staff is 16. A limited number of volunteer positions are also available. The minimum age is 13. Please call for specific information.

## **WISH LIST: *Let us help you clean out your closet, attic, cellar or garage!!***

The Recreation Department continues to look for additional equipment, supplies and expendables to enhance our community programs. Tennis balls, Nerf and playground balls, chess and or checker games, pencils, markers, plastic tablecloths, poster paper, rulers, scissors, gym, crayons, glue and craft materials are some of the items that we can always use. A battery operated wall clock, and Table Tennis Table (ping pong) are among the items we can use.

If you or your children have outgrown any of the above, and the items are in good condition, give us a call. **Please do not leave items outside the Recreation Office at 900 Ferry Street or at the Recreation Child Care Center, located at 14 Library Plaza.**

## **SUMMER PROGRAM REGISTRATION:**

Summer Program registration will start Wednesday, April 8, starting at 9:00 a.m. at the Recreation Center, Online program registration will start on Thursday, April 9, 12:00 p.m.

## **SUMMERFEST 2015:**

The Chamber of Commerce and Friends are gearing up for the annual kick off to the summer season. Look for information and volunteer opportunities soon!

*As always, we thank you for your continued support.*

**Marshfield Recreation Department**  
**at**  
**Coast Guard Hill**  
**900 Ferry Street**  
**Marshfield, MA 02050**  
**[www.townofmarshfield.org](http://www.townofmarshfield.org)**

